

# 2023 West Springfield Pyramid Challenge

Saturday, November 11, 2023  
Washington Irving Middle School

The West Springfield Pyramid Challenge is a FREE fun run that was started over a decade ago with the goal of introducing cross-country running, encouraging community involvement, and fostering school spirit among the elementary schools of the West Springfield Pyramid.

Students from the participating elementary schools will run a half-mile or one-mile course, depending on their grade level. This year's event will also include a unified heat with an accessible 200-meter course for students with physical and cognitive disabilities.

Please contact your PTA with any questions!

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SCAN THE QR CODE  
TO REGISTER!



RACE SCHEDULE

Please arrive at least 30 minutes prior to your race start time to pick up your t-shirt and bib!		
10:00 am	Half Mile	Kindergarten (Boys and Girls)
10:15 am	Half Mile	First Grade (Boys and Girls)
10:30 am	Half Mile	Second Grade (Boys and Girls)
10:45 am	Half Mile	Third Grade (Boys and Girls)
11:00 am	200-meter	Unified Run (K-6 Boys and Girls)
11:20 am	TBD	Mascots Race (Weather Permitting)
11:40 am	One Mile	Fourth, Fifth, and Sixth Grade (Boys)
12:00 pm	One Mile	Fourth, Fifth, and Sixth Grade (Girls)

To register, scan the QR code or visit:  
<https://runsignup.com/Race/VA/Springfield/2023PyramidChallenge>

**REGISTRATION ENDS ON SUNDAY, OCTOBER 15, 2023!**